

INTENTIONAL LIVING



An Unfinished Project Parking Lot: Keep Your Ideas Without Letting Them Run Your Home



A PRACTICAL COMPANION TO THE GUIDE

Create a project parking lot with clear restart notes, realistic capacity limits, and a decision process for finishing, pausing, or releasing unfinished work.

HOW TO USE THESE PAGES

- 01 Read the guide and choose one manageable starting point.
- 02 Complete the six exercises with details from your own home.
- 03 Return to the record and keep the adjustment that helped.

Small enough to begin. Specific enough to use again.

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EXERCISE 01

Project identity and current purpose

Write an outcome someone could recognize: a photo collection my children can browse. Describe why it matters now, who will use it, and where it will live. Avoid using the original purchase as the reason to continue. Money already spent cannot supply future time. Record a sentence about the desired experience, such as being able to find a birthday photograph without searching five phones.

YOUR WORKING RECORD

DECISION / NEXT ACTION / CHECK DATE

EXERCISE 02

State of the work and missing information

List what is finished, what remains undecided, and where the parts are. Example: fifty prints sorted; twelve envelopes unlabeled; digital backups on the family drive; album dimensions undecided. Add a photo of the physical pile. This record should let you resume without retelling the whole history. If a file location is unclear, finding it is an investigation task before any design work.

YOUR WORKING RECORD

DECISION / NEXT ACTION / CHECK DATE

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EXERCISE 03

The next two weeks of capacity

Enter dates and realistic minutes, not general intentions. Include setup and cleanup. For the scrapbook, two thirty-minute blocks might be enough to label envelopes but not build an entire album. Mark any block that depends on another person's cooperation. Leave ordinary rest time unassigned. A plan that consumes every spare minute is especially vulnerable when one school or work obligation changes.

YOUR WORKING RECORD

DECISION / NEXT ACTION / CHECK DATE

EXERCISE 04

Finish, reduce, park, or release

Choose one destination and write the reason. A reduced version might be six completed pages plus a sorted photo box. Parked work needs a review date and restart note. Released work needs a supplies exit plan. If you are undecided, compare two outcomes using the same available time. Select the version that preserves the meaningful purpose with the fewest unresolved dependencies.

YOUR WORKING RECORD

DECISION / NEXT ACTION / CHECK DATE

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EXERCISE 05



A complete restart note

Record the next physical action, supplies already present, supplies missing, and the exact location of the instructions. For the photo box, the next action is to label the first five envelopes by year. Include the label format so you do not reopen that decision later. Put the note inside the box or at the top of the digital folder, where the next session naturally begins.

YOUR WORKING RECORD

DECISION / NEXT ACTION / CHECK DATE

EXERCISE 06

A review trigger with an exit option

Choose a calendar date or a specific event such as the next school break. Write what would make the project active again and what would make release reasonable. Example: continue if the children still want the album and two real sessions exist; release decorative layouts if they still create avoidance. The review should reopen the decision, rather than automatically renewing a debt to the old plan.

YOUR WORKING RECORD

DECISION / NEXT ACTION / CHECK DATE
